



footprints

Bay Area Runner's Club Newsletter

September/October 2012

BARC NEWS

Hello fellow BARC members!

Another fall is upon us. That means it's time for unique Halloween races, Cross Country season, and that our winter race series are just around the corner!

I would like to take the time to thank all of you for your contributions to this newsletter as well as feedback during the time that I have been editor. However, I feel like I no longer have the time to devote to putting together this newsletter in a timely and efficient fashion. So, if being the editor of Footprints is something that you are interested in, please let myself or another member of the BARC board know. I hope to turn things over in January of 2013.

Please keep the pictures, information, and feedback coming my way.

See you at the races!

Mallory
tennisfan03228@hotmail.com

BARC Bits

The next BARC meeting will be on November 10th following the Don Dansereau 5K race at the Bay-Arenac ISD Career Center. All members are welcome to attend.

Race Notes from Mallory Klosowski:

I had the opportunity to watch my husband Mike and his friend Don complete the first-ever Witchy Wolf Marathon in Omer on September 1st. Mike ran the first 13.1 miles, followed by Don completing an 8-mile run, and their relay partner finished the last 5 miles. Their team won the Relay division with a time of 3 hours and 56 minutes!

Congratulations to all of the participants of the Driathlon on September 16th! I had the opportunity to complete the race with my best childhood friend, Becky. Our adventure began before I even got into the canoe as the canoe front floated away and I landed in the river! I received some nasty bruises, but it was good for a laugh, and it was the only time either of us fell in. Becky then did the 20K bike portion and I ran the 5K after she was done. Due to our being in one of the last canoe waves, we were one of the last teams to finish, but we had a fantastic time!

I completed the Brooksie Way Half-Marathon on September 30th. It was my first half-marathon and I truly enjoyed the experience! There were spectators throughout the entire 13.1 mile course and a lot of them cheered for me by name. I was able to run the whole first 7 miles without stopping, and then I hit a huge hill and had to slow down. By that point, my legs started cramping and I was fighting off a cold, so the last 6.1 miles were definitely not at the speed I was hoping for. I ended up finishing in just over 3 hours. Congratulations to my husband Mike for his awesome half-marathon time of 1 hour and 41 minutes!