

KINGSTON DAYS 2019 5K RUN/WALK

8/22/2019

Run

	Age	PI	Time
Overall Female			
1. Julia Hudson	38	5	21:43.36
Overall Male			
1. Adam Snider	26	1	19:25.31
1-14 Male			
1. Ethan Muraszewski	13	4	21:11.74
2. Danny Hudson	14	6	22:19.30
1-14 Female			
1. Lilah Kiley	11	10	25:08.20
2. Meeghan Flikkie	12	13	29:25.08
20-24 Male			
1. Moses DeHart	23	2	21:07.36
35-39 Male			
1. Alex Williams	35	7	22:43.47
2. Matt Kiley	36	8	23:34.45
35-39 Female			
1. Cheryl Rayl	39	9	24:06.31
2. Jessica Flikkie	38	15	34:35.91
55-59 Male			
1. Jim Zittel	56	14	33:35.83
60-99 Male			
1. Manny Sanchez	61	3	21:10.17
2. Bernie Bishop	70	11	27:26.17
3. David Czapor	60	12	28:10.77
4. Larry Wood	69	16	35:13.00

Walk

	Age	PI	Time
Overall Female			
1. Lynette Heinlein	66	1	33:36.89
2. Debbie Topham.	62	2	36:50.30
3. Michelle Daniels	45	3	41:27.19
4. Ali Kelly	22	4	41:27.89