

**Laker Pride Glide 5K Run/Walk
Bay Port, MI**

8/3/2019

Run

	Age	PI	Time
Overall Female			
1. Stephanie Cahoon	16	5	22:36.12
2. Danielle Smith	52	8	22:49.11
Overall Male			
1. Kyle Lewis	18	1	19:22.00
2. Dylan Smith	26	2	19:29.06
1-14 Male			
1. Davis Peters	11	9	23:07.86
2. Jack Turner	13	11	23:35.70
3. Ryker Trowhill	10	19	25:58.38
4. Brody Shepard	8	35	30:45.05
5. Ben Hartz	11	56	55:38.44
1-14 Female			
1. Rachael Walch	13	10	23:14.91
2. Samantha Sickinger	13	15	24:27.28
3. Cabrey O'Gorman	13	22	26:49.98
4. Maya Viers	14	24	27:32.98
5. Aubrey Zarnke	11	40	31:55.52
6. Emily Combs	9	45	33:55.69
7. McKayla Messing	12	47	34:13.95
8. Addison Mayfield	12	48	34:14.77
9. Katelyn Sickinger	11	51	37:12.09
10. Rylin Shepard	8	53	39:34.75
15-19 Male			
1. Ty Pavlicheck	15	4	20:15.70
2. Andrew Smith	18	6	22:39.17
3. Alex Smith	15	7	22:47.53
4. Hunter Keim	17	42	33:05.67
15-19 Female			
1. Hannah Keim	15	27	28:12.23
2. Halle Keim	19	28	28:13.22
20-29 Male			
1. Shane Kerbelis	26	3	19:49.28
2. Joshua Cahoon	26	12	23:39.42
20-29 Female			
1. Chelsea Kerbelis	25	46	33:56.77

30-39 Male

1. Joseph Homrocky	31	16	24:31.31
2. Brad Roberts	30	23	27:17.20
3. James Clymer	32	34	30:24.27
4. William Shepard	34	36	30:46.27
5. Nathan Messing	34	49	34:48.25

30-39 Female

1. Jenna Bowerman	33	21	26:38.78
2. Jennifer Hollandmoritz	34	25	27:43.12
3. Lindsey Blessing	34	54	44:29.84
4. Nick Blessing	33	55	44:31.06

40-49 Male

1. David McKinstry	40	18	24:49.75
2. Todd Nagy	47	20	26:02.20
3. Brian Keim	45	44	33:12.61

40-49 Female

1. Traci Ens	45	14	24:09.70
2. Dana Reiter	48	17	24:43.28
3. Candice Muska	40	41	32:19.31
4. Sandi Smith	49	43	33:06.89
5. Jeni Anderson	42	52	38:18.64
6. Karla Hartz	48	57	55:39.06

50-59 Female

1. Emily Turner	56	38	31:12.58
2. Spike Stauffer	58	50	36:37.66

50-59 Male

1. Ross Smith	52	13	23:44.14
2. Neal Emerick	55	39	31:23.75

60-69 Female

1. Marge Hall	69	29	28:22.44
2. Paulette Mancuso	63	37	31:02.17

60-69 Male

1. David Czapor	60	26	28:06.67
2. Dave Bowerman	66	30	29:00.97
3. Gale Daniels	66	31	29:49.03
4. Jeff Leipprandt	60	32	30:01.34

70-99 Male

1. David Dixon	72	33	30:13.83
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Walk

	Age	PI	Time
Overall Female			
1. Tiffany Swartzendruber	39	2	37:17.55
2. Tracy Sickinger	48	4	39:44.97
3. Holly Roth-Guza	47	5	39:54.75
4. Danielle Trowhill	37	6	40:02.50
5. Geri Loree	69	7	41:34.47
6. Colleen Emerick	55	8	41:41.95
7. Janae Hendricks	58	9	42:26.44
8. Michelle Daniels	45	10	42:33.19
9. Ali Kelly	21	11	42:35.69
10. Julie Farkas	47	12	45:21.11
11. Jennifer Nagy	43	13	45:22.23
12. Dana Irion	48	14	45:40.20
13. Mona Bowerman	64	17	47:11.08
14. Peggy Desrochers	56	18	48:11.14
15. Donna fibranz	62	20	48:30.52
16. Brenda Shevchik	70	22	51:55.12
17. Sheila Errer	54	23	59:01.34
Overall Male			
1. Joe Evans	65	1	34:19.23
2. Troy Hartz	48	3	39:40.75
3. Danny Combs	38	15	46:25.97
4. Steve Turner	56	16	47:01.16
5. David Desrochers	58	19	48:12.41
6. Dave Murdock	45	21	51:30.97
7. Nicholas Murdock	12	24	01:14:15.74
8. Daniel Combs	11	25	01:14:17.64

Tonic Racing 2019