

**Bay Area Runners Club Winter Races 2019-2020**  
**Christmas 5K Run/Walk-10K Run 12/14/2019**  
**Freeze Your Fanny 5K Run/Walk-10K Run 1/11/2020**  
**Reese Rockets 5K Run/Walk-10K Run 2/8/2020**  
**Mardi Gras 5K Run/Walk-10K Run 3/7/2020**  
**All Races At Reese High School, starting at 10:00 AM**  
**\$2.00 from each entry donated to the Reese High School Track and Field Program!**

**Location:** Reese High School 1696 S. Van Buren Rd. Reese, MI 48757.

**Entry Fee:** On Line Registration Available at [www.runsignup.com](http://www.runsignup.com)  
 \$20.00 pre-entry with shirt, \$10.00 pre-entry without shirt.  
 Current BARC members deduct \$1.00 from pre-entry fee.  
Pre-entry deadline 10 days before race date.  
 \$25.00 after deadline or on race day with shirt.  
 \$15.00 after deadline or on race day without shirt  
 Shirts not guaranteed to late entries.

**Individual awards for each race,  
 plus series awards based on  
 your finishing place in each  
 of the four races.**

**Mail Entries To:** John Metevia – 2611 Roundtree Circle - Midland, MI – 48642  
 Make checks payable to: BARC.

**5K Run Awards:** First and second place overall male and female. First and second place male and female age group awards.

**5K Run Age Groups:** 14 and under, then 5 year age groups up to 70, then 70 and over.

**5K Walk Awards:** First through fifth overall male and female.

**10K Run Awards:** First through fifth overall male and female.

**Course:** Paved roads through the neighborhood.

**Results:** Posted day of race, available on-line at [barcmi.com](http://barcmi.com).

**Information:** [jmetevia@yahoo.com](mailto:jmetevia@yahoo.com).

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 Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Middle Initial \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_  
 Birth Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Age On Race Day \_\_\_\_ Sex M \_\_\_\_ F \_\_\_\_ Phone ( \_\_\_\_\_ ) - \_\_\_\_\_ - \_\_\_\_\_  
 5K Run \_\_\_\_ 5K Walk \_\_\_\_ 10K Run \_\_\_\_ T-Shirt Size: Sm. \_\_\_\_ Med. \_\_\_\_ Lg. \_\_\_\_ XL \_\_\_\_ XXL \_\_\_\_+\$2. No Shirt \_\_\_\_

I know that running or walking a road race is a potentially dangerous activity. I should not enter and run or walk unless I am medically able and properly trained. I agree to abide by any decision of any race official relative to my ability to safely complete this event. I assume all risks associated with this event including, but not limited to falls, contact with other participants, the effects of the weather, traffic and the condition of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry. I for myself and anyone entitled to act on my behalf, waive and release the Bay Area Runners Club, Reese Public Schools, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

**Please: No animals, roller skates, roller blades, baby strollers, bicycles, or skateboards.**

**Signature (Parent if under 18)** \_\_\_\_\_ **Date** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Please Circle Event Entered CHRISTMAS – FREEZE YOUR FANNY – REESE ROCKET -- MARDI GRAS**